

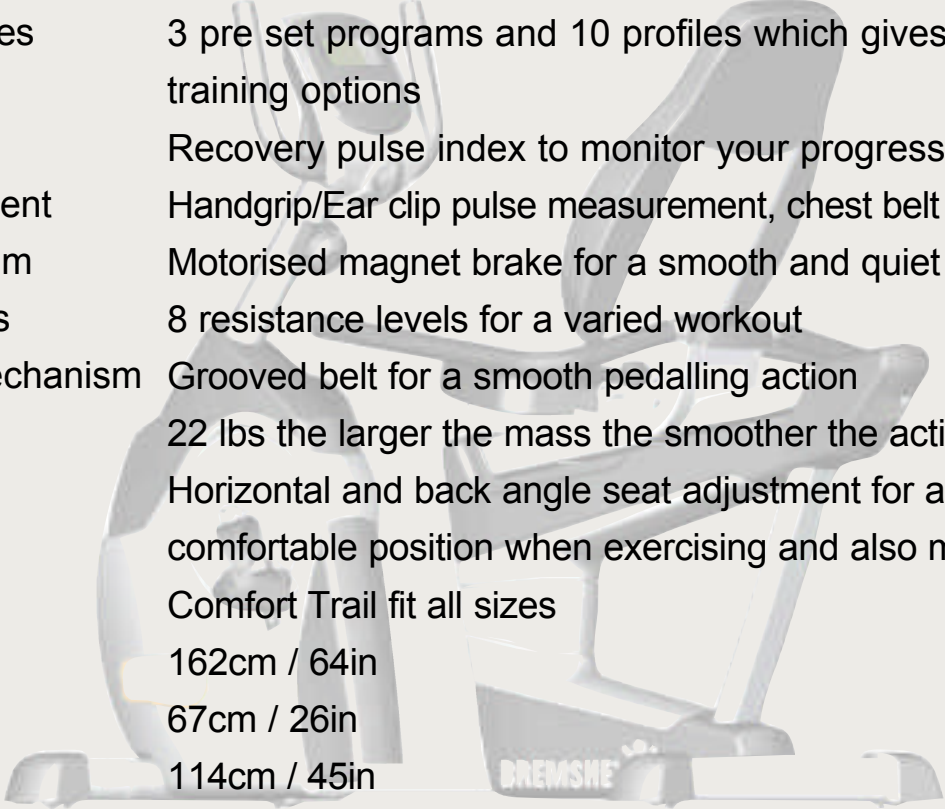
# Trail FR

BREMSHEY<sup>®</sup> SPORT

Comfort

- Low “step-in/step-through” frame for very easy access
- Magnetic brake ensures precise resistance setting and a smooth, quiet workout
- Recovery pulse measurement to monitor your fitness improvement





Console Displays	Time, speed, revolutions per minute, distance, energy consumption (calories), heart rate, room temperature, real date and real time which gives you feedback of all the relevant information you require from your workout
Total no. of profiles	3 pre set programs and 10 profiles which gives you more training options
Test	Recovery pulse index to monitor your progress
Pulse Measurement	Handgrip/Ear clip pulse measurement, chest belt optional extra
Resistance system	Motorised magnet brake for a smooth and quiet workout
Resistance levels	8 resistance levels for a varied workout
Transmission mechanism	Grooved belt for a smooth pedalling action
Rotating mass	22 lbs the larger the mass the smoother the action
Seat adjustment	Horizontal and back angle seat adjustment for a more comfortable position when exercising and also makes the Comfort Trail fit all sizes
Length	162cm / 64in
Width	67cm / 26in
Height	114cm / 45in
Product weight	57kg / 126lbs
Operating environment	Home equipment only
Maximum user weight	135 kg / 298 lbs / 21 st 4 lbs
Notes	Pulse measurement ensures a safe and effective workout. Handlebar adjustment for extra comfort whilst exercising Transport wheels make the machine easy to move around